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| **Communities build what they dream. Families get what they need. Children thrive.** |

August AOK Network Meeting Notes:

* Introductions & Check-In: What is your superpower?
* What is the Community, Assessment, Planning, and Action Process (CAPAP)?
	+ Informs the direction of your three local AOK initiatives for the next five years
		- Network capacity
		- Child and Family Outcome
		- Information and Referral
	+ Reinforces our belief that communities should determine the specific direction of their initiatives
* Why a five-year cycle?
	+ We improve outcomes for children and families by improving the early childhood system
	+ It takes time to understand and change the system in significant ways that can lead to improved outcomes for children and families
	+ Systems are complex and require continuous learning and adaptive (iterative) action over time to figure out what works
	+ With a longer view, we can focus on bigger system improvements
* Four Primary Phases of CAPAP
	+ Phase 1: Assess Child and Family Outcomes
	+ Phase 2: Assess the Early Childhood System
	+ Phase 3: Design Strategies for System Improvements
	+ Phase 4: Implement, Track, Learn & Adapt, Scale
	+ Throughout this process we integrate:
		- Collaborative leadership
		- Parents as partners/ family engagement
		- Equity lens
		- Storytelling
* Phase 1: Assess Child and Family Outcomes
	+ What:
		- Collect, assess, and prioritize child and family outcomes
			* Informed by AOK Networks’ Developmental Pathway
	+ End Result:
		- Agreed upon targeted problem: a subset of related child and family outcomes the Network will focus on for the next five-year cycle
* Understand Child and Family Outcomes
	+ In-Person we went over examples of some of the indicators that are listed in the developmental pathway
	+ Overall we are ensuring that:
		- Babies are born healthy
		- Young children are safe, healthy and developing positively
		- Children are kindergarten ready
* Get to Know: Assessment Tables
	+ In person: we went over the assessment table example shared in the Network slides as well as pulled up our current data table that our county (Autumn & Jess) have worked on to input data
* AOK Parents Survey
	+ Closes on September 8th
	+ Has detailed questions related to indicators listed in the developmental pathways
	+ Purpose of the Parent Survey
		- Collect critical outcomes data that aligns with the AOK Developmental Pathway
		- Assess for unique problems for each AOK Network
		- May be used to track the impact of the AOK Network on specific outcomes over time (multiple years of data is needed)
	+ Outcomes measured by the Parent Survey
		- More women receive a postpartum checkup
		- More children are receiving lead testing
		- More children have health insurance
		- More babies are breast-fed
		- More children attend well-baby/child visits
		- More children are receiving preventative dental care
		- More children are eating healthy
		- More children practice healthy sleeping habits
		- More children brush their teeth daily
		- More children participate in health-related fitness activities
		- More children are read to and develop foundational language and literacy skills
		- More parents/caregivers read to their children on a regular basis
		- More parents/caregivers comply with safe sleep recommendations for their infants and toddlers
		- More parents/caregivers comply with car seat safety recommendations
		- Fewer members of the household smoke
* How do I help?
	+ Be a champion for AOK Network
	+ Share, share, share
	+ Contribute your knowledge
* FY24 Workgroups
	+ We will be having sign-up sheets for this upcoming years workgroups, we are getting rid of Info & Referral workgroup and bringing back the Early Childhood Mental Health
	+ Below is a list of the workgroups that we will have for this year
		- Steering Committee
		- Health and Wellness
		- Learning through Play
		- Early Childhood Mental Health
		- Data Workgroup
	+ If you are interested in joining one of the above workgroups and were not able to attend the meeting, please reach out to Jess or Autumn at either jessical@foreverychild.org or autumng@foreverychild.org
* Partner Updates:
	+ Scott County
		- Community Baby Shower
		- September 9th
		- Lincoln Center, Davenport, IA
		- 1-3pm
		- Free and open to new and expecting families
	+ Safe Families
		- Gala
		- October 2nd
		- Holiday Inn, Rock Island, IL
		- 630-930pm
	+ Birth to Five
		- Dissemination Report Available this upcoming Monday
		- Mainly will be shared digitally
		- Tomorrow (8/3) there is a community meeting @ the Esperanza Center in Moline, IL at 6pm and will be outside (will have a space for children)
	+ Rock Island Health Department
		- New WIC Brochures
			* Needed for WIC application
				+ Proof of residency
				+ Proof of income
				+ If already on SNAP/Medicaid (certain types) can bring card/letter
			* If homeless & applying
				+ Drivers license for identification
				+ WIC can issue ready-to-feed formula
	+ AOK
		- New yellow pages – please let us know if you need to updated ones distributed to your agency/organization
	+ CASA
		- Still looking for volunteers to advocate for children in the foster care system
	+ Children Exposed to Violence Conference
		- August 17th
		- Free – limited registration (**Have to register**)
		- On EveryChild website – [www.foreverychild.org](http://www.foreverychild.org)
		- From 830-1130am
	+ Community Education (EveryChild)
		- Heather & Latashia are filling schedules for Fall, Winter, and Spring related to education classes and groups that they offer
* Presentation – Rock Island Heath Department – Low Birth Weight Project
	+ Purpose
		- Highlight overall access to care, preventative care, and health equity issues
	+ Why Low Birth Weight (LBW)
		- Definition: less than 2500 grams (5lbs 8oz)
		- Higher in black population in the US overall
		- Costs associated with LBW births are significantly higher than normal birth weight births (LBW = $114,437 vs Normal $6,743)
	+ Factors Associated with LBW Outcomes
		- Maternal Health
		- Socioeconomic Status
		- Environmental Factors
	+ A Few Notes on Data
		- Focused on full-term, singleton LBW births
		- Local data compiled for observation and community inquiry
		- There was a drop in babies born from 2010-2020 with 4192 being born in 2010 and 3585 being born in 2020
		- There was a rise, however, in Low Birth Weight babies, which averages about 70 a year, but was ~100 in 2020
	+ Associated factors
		- Mother’s race
		- Mother’s marital status
		- Age of mother (20-24)
		- Mother’s education (9th-12th grade education with no diploma or only a high school diploma or GED)
		- Birth Gender – female, etc
	+ Protective Factors
		- Mother marks “Non-Hispanic”
		- Mother’s marital status – married
		- Mother is considered white
		- Mother’s education – bachelor’s degree, etc
	+ Hospital data
		- 101 combined QC data (Genesis & Unity Pointe) in 2021 LBW births
	+ Areas of Opportunity
		- Increase access to maternal Health care
			* Increasing prenatal care access and education
				+ Transportation services
				+ Childcare access and costs
			* Implementing new models of care delivery
			* Enhancing access to home visitation, doula, and “remote” support services
			* Providing support for navigating the healthcare system
		- Improving preventative care and support services
			* Support tobacco use
			* Provide support for substance use
			* Facilitating access to dental care
			* Facilitating positive overall mental health and managing chronic conditions
			* Facilitating access to mental health services and reducing stress
			* Addressing social determinants of health needs